— For patients who are used NASONEX® (nasal spray) —

How to use NASONEX® (nasal spray)



For best results, use NASONEX® regularly each day.



- Use NASONEX® exactly as prescribed by your doctor.
- Do not try to unblock the nasal applicator by inserting a pin or other sharp object as it will cause damage to the applicator.

Procedure 1

Before use

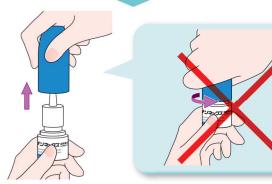
Gently blow your nose to clear your nostrils.



Shake the bottle well before using.



Remove the plastic cap by pulling straight up.



*Do not twist the cap.

Hold the bottle firmly as shown.



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When using a new bottle

Your nasal spray must be primed before you use it for the first time.
Press down and release the pump 10 times or until a fine spray appears.



https://www.kyorin-pharm.co.jp/ethical/v/nasonex/

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Procedure 2

The right way to spray

12 years of age and older

2 sprays in each nostril once daily.



Tilt your head forward slightly and insert the tip of the bottle just inside your nostril. Spray 1 time into each nostril.



Breathe inward through the nostil so NASONEX reaches deep inside your nostrils. Then breathe out through your mouth.



Once again, spray 1 time into each nostril.



Breathe inward through the nostil so NASONEX reaches deep inside your nostrils. Then breathe out through your mouth.

Under 12 years old 1 spray in each nostril once daily.



Tilt your head forward slightly and insert the tip of the bottle just inside your nostril. Spray 1 time into each nostril.



When parent-assisted, please spray as shown.



Breathe inward through the nostil so NASONEX reaches deep inside your nostrils. Then breathe out through your mouth.

Procedure 3 (

After use

- Wipe the nasal applicator with a clean tissue and replace the plastic cap.
- Store at room temperature away from direct sunlight.